

Vice President—Keri McMeans

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Treasurer—Mike Butcher

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Mike McMeans

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TRVCC Staff

Erin Kilbride—Executive Director

Chad Aksamit—Programs Director

Nancy Johnston—Administrative Assistant

Tanya McCoy—Ranchester Center Supervisor &

After School Program Coordinator

COMMUNITY CENTER

Welcome to the Tongue River Valley Community Center



Historical Overview:

At the turn of the century, a group of Sheridan County residents envisioned a facility that would strengthen existing ties between Dayton and Ranchester and provide residents of both communities with activities, classes and programs that would promote learning, deepen family values, promote service and improve the overall quality of life. The group's grass-roots efforts were supported by strong community support and involvement and culminated in the opening of the Tongue River Valley Community Center (TRVCC).

...providing educational, physical, social,
...nal, and cultural opportunities that cultivate
...positive values and good character.

Vision:

Inspire: Healthy Lives.

Connect: People Together.

Sustain: Our Future.

Core Values:

...es to put the following values into practice:

...to be sensitive to the needs of others and go the extra
...thers and forgive others.

...: to value the worth of every person and treat them
...d language and manners.

...y: to tell the truth, have integrity and build trust, be
...oyal.

...ibility: to do what is right and be accountable for
...r and your obligations.

...s: Play by the rules, take turns and share, be open-
...to others, don't take advantage of others, don't
...s carelessly.

...hip: Do your share to make your school and

Volunteerism:

Volunteers are the backbone of TRVCC. Volunteers not only founded TRVCC, but operated it in its entirety in the early days. Without their time volunteered by many individuals in the community, TRVCC would cease to exist.

There are several volunteer opportunities at TRVCC. Please contact a staff member if you would like to volunteer.

Contact Information:

Ranchester Center—307-655-9191

124 Dayton Street, Ranchester

Dayton Center—307-655-9419

1100 Main Street, Dayton

Mailing Address: P.O. Box 1100, Dayton, WY 82

Current Calendar of Events are available on

Web site:

www.trvcc.org

YMCA of Sheridan:

Memberships at TRVCC include Memberships at

to be a member in good standing of the Single River Valley Community Center pays the membership fees/dues in full each month/year. The users' access is suspended if payment is not received by the 10th day of each month.

A one-time fee of six month membership must be purchased in order to be eligible for a keyless entry card.

A \$5.00 deposit for EACH key. Money will be refunded upon return of key.

Keys are valid for **up to 4 weeks**.

To use the keyless entry system you must be 18 years or older. Users between the ages of 13 and 17 **MUST** have an adult accompany them while using the weight room.

Keyless entry hours. Violation of this will result in loss of key.

No one under the age of 14 is allowed in the weight room or in the remainder of the facility during these hours.

Keyless entry is for use of the weight room and FOD room only. The commons, library, and other areas are off limits.

Use of the gym at TRVCC Dayton is limited to running/walking the designated track.

There is absolutely no recreational use (basketball, volleyball or any other sport that

is not a part of the gym) during non-business hours. Violation of this will result in loss of key for a minimum of 6 months.

The user/member/family is responsible for their key. Keys are NON-TRANSFERABLE.

Users may NOT give their key to an unauthorized user. You are the only authorized person to use this key.

Wear clean work out shoes; mud and dirt will not be tolerated on the carpet.

Report any maintenance issues to the Front Desk or other TRVCC Staff. Please use the contact information provided by the door to report these issues.

Check in and sign out each time you use the facility. Numbers will be used for grant tracking and to ensure this keyless entry system remains a safe and suitable service.

- Acceptable rules of conduct must be observed at all times.
- All children under the age of 10 must be supervised by a parent/guardian adult at all times when using the facility.
- To use the weight room you must be at least 15 years of age or in the ninth grade.
- TRVCC is not responsible for lost or stolen items.
- No food or drink in the library, community room, weight room, or gymnasium area. Only Water in closed containers is permitted in these areas. Please contain other beverages and food to commons area.
- Return all equipment and game pieces to their designated location.
- Balls, towels, and other equipment may be checked out at the front desk.
- Bring a clean pair of tennis shoes to participate in the gymnasium and the weight room.
- Locker rental and towel services are available, inquire at the front desk.
- TRVCC Memberships are non-transferable and non-refundable.
- Members may be expelled or suspended should they fail to pay dues in default of payment of dues.
- Inappropriate behavior at the discretion of the TRVCC Director and/or TRVCC Board Members may result in membership termination or suspension.

(one through training.)

Appropriate dress is required for personal safety and equipment maintenance reasons. Appropriate dress includes:

(a) Closed toed, rubber soled athletic shoes

(b) A t-shirt or tank top that covers torso is required

(c) Return equipment to the appropriate location after use

(d) Do not drop or bang the weights.

(e) Report any maintenance or repair needs to the TRVCC staff.

(f) First time users must go through an equipment orientation before using the weight room.



2. A waiver must be completed and on file for each and every youth under the age of 18 must have a parent or legal guardian sign the waiver.

3. All children 14 and under must be accompanied by an adult (18 years of age or older) or climb during climbing hours when staff is on supervision (see Climbing Wall schedule).

4. All Climbers must go through Auto Belay safety prior to climbing the Wall. The auto belay can only be used on a person weighing 150 pounds.

5. Clean climbing shoes and/or clean tennis shoes must be worn at all times.

6. If you are aware of any unsafe condition on the wall (worn, loose or broken holds or anything else you may deem as unsafe) you must report it immediately.

7. NO climbing, swinging, hanging or stepping on ropes. This is your LIFE LINE!

8. Free climbing and bouldering is only allowed up to 12 feet. Do not climb above the tape marker 12 feet.

9. Do not attempt to move any holds on the climbing wall. TRVCC staff will change routes on a regular basis.

10. No loose chalk is allowed. Chalk use is limited to chalk balls.

11. No food or drinks allowed in the climbing area.

12. CLIMBING IS DANGEROUS. TRVCC Climbing Wall staff will ensure the safety of you and your climbing partner. Breaking these rules will result in your immediate and indefinite suspension from the climbing wall.

